

NEWSLETTER No 4 2015 / 16 28th SEPT 2015

Wallsend RSL Athletic Club

Wallsend RSL Little Athletic Centre

www.wallsendathleticsclub.org.au A.B.N. 70 859 060 84

TONIGHT

Tonight's program is ROUND TWO (2) WEEK ONE (1)

Note.... Next Monday we will be in DAYLIGHT SAVING time
YES we still start at 5.30pm ####

TRAINING

Thursday 5.0pm to 6.00pm, looking at long/triple jump, shotput, sprints, highjump, and if Hayden is available Javelin

NEW MEMBERS

Still signing up new athlete members, no worries, not a problem. Our registrations continue through the whole season. If you have a friend or know someone interested in athletics...invite them along

NEW START SYSTEM

need to keep pushing the new system , Club Officers believe it's starting to work, all aimed to improve the night's competition flows more smoothly and all parents do their bit in conducting events AND >>>>>>>>>>>>>>>>

REMEMBER ITS IN THE AGE EVENT FOLDER

The SIGN ON SHEET....all parents/helpers working at event **MUST** sign the Officials Sign On Form, This is for Insurance cover for parents and helpers

COMPETITION FOLDERS

In the Age Group Folders the events sheets for the night / instructions on conducting the events / Park map of all event locations

CLUB MONTHLY MEETING THIS FRIDAY, DIGGERS WALLSEND 7.30pm
All Welcome to attend, your chance throw your tuppence worth in

